

## 問題 6.1

(1)  $f(x) = x + 1$  として

$$x_k = \frac{ak}{n} \quad (0 \leq k \leq n) \quad , \quad \Delta x = \frac{a}{n}$$

とおけば

$$\begin{aligned} \sum_{k=1}^n f(x_k) \Delta x &= \sum_{k=1}^n \left\{ \left( \frac{ak}{n} + 1 \right) \cdot \frac{a}{n} \right\} = \frac{a^2}{n^2} \sum_{k=1}^n k + \frac{a}{n} \sum_{k=1}^n 1 \\ &= \frac{a^2}{n^2} \cdot \frac{1}{2} n(n+1) + \frac{a}{n} \cdot n = \frac{a^2}{2} \cdot \frac{n+1}{n} + a \\ &= \frac{a^2}{2} \left( 1 + \frac{1}{n} \right) + a \rightarrow \frac{a^2}{2} + a \quad (n \rightarrow \infty). \end{aligned}$$

$$\therefore \int_0^a (x+1) dx = \frac{a^2}{2} + a.$$

(2)  $f(x) = x^3$  として

$$x_k = \frac{k}{n} \quad (0 \leq k \leq n) \quad , \quad \Delta x = \frac{1}{n}$$

とおけば

$$\begin{aligned} \sum_{k=1}^n f(x_k) \Delta x &= \sum_{k=1}^n \left\{ \left( \frac{k}{n} \right)^3 \cdot \frac{1}{n} \right\} = \frac{1}{n^4} \sum_{k=1}^n k^3 = \frac{1}{n^4} \cdot \left\{ \frac{1}{2} n(n+1) \right\}^2 \\ &= \frac{1}{4} \left( 1 + \frac{1}{n} \right)^2 \rightarrow \frac{1}{4} \quad (n \rightarrow \infty). \end{aligned}$$

$$\therefore \int_0^1 x^3 dx = \frac{1}{4}.$$

(3)  $f(x) = e^x$  として

$$x_k = \frac{k}{n} \quad (0 \leq k \leq n) \quad , \quad \Delta x = \frac{1}{n}$$

とおけば

$$\begin{aligned} \sum_{k=1}^n f(x_k) \Delta x &= \sum_{k=1}^n \left( e^{\frac{k}{n}} \cdot \frac{1}{n} \right) = \frac{1}{n} \sum_{k=1}^n \left( e^{\frac{1}{n}} \right)^k \\ &= \frac{1}{n} \cdot \frac{e^{\frac{1}{n}} \{ (e^{\frac{1}{n}})^n - 1 \}}{e^{\frac{1}{n}} - 1} = \frac{1}{n} \cdot \frac{e^{\frac{1}{n}} (e - 1)}{e^{\frac{1}{n}} - 1}. \end{aligned}$$

ここで  $h = \frac{1}{n}$  とすれば,  $n \rightarrow \infty$  のとき  $h \rightarrow 0$  であり,

$$\sum_{k=0}^{n-1} f(x_k) \Delta x = e^h \cdot (e-1) \cdot \frac{h}{e^h - 1} = e^h \cdot (e-1) \cdot \frac{1}{\frac{e^h - 1}{h}} \rightarrow e-1 \quad (h \rightarrow 0).$$

$$\therefore \int_0^1 e^x dx = e-1.$$

## 問題 6.2

$$(1) \int_{-1}^2 (x^3 - 2x + 3) dx = \left[ \frac{1}{4}x^4 - x^2 + 3x \right]_{-1}^2 = (4 - 4 + 6) - \left( \frac{1}{4} - 1 - 3 \right) = \frac{39}{4}.$$

$$(2) \int_1^4 \frac{dx}{x} = \left[ \log x \right]_1^4 = \log 4 - \log 1 = 2 \log 2.$$

$$(3) \int_1^4 \frac{dx}{x^2} = \int_1^4 x^{-2} dx = \left[ -\frac{1}{x} \right]_1^4 = -\frac{1}{4} + 1 = \frac{3}{4}.$$

$$(4) \int_1^2 \frac{dx}{x^3} = \int_1^2 x^{-3} dx = \left[ \frac{1}{-2}x^{-2} \right]_1^2 = \left[ -\frac{1}{2x^2} \right]_1^2 = -\frac{1}{8} - \left( -\frac{1}{2} \right) = \frac{3}{8}.$$

$$(5) \int_1^4 \sqrt{x} dx = \int_1^4 x^{\frac{1}{2}} dx = \left[ \frac{2}{3}x^{\frac{3}{2}} \right]_1^4 = \frac{16}{3} - \frac{2}{3} = \frac{14}{3}.$$

$$(6) \int_1^8 \sqrt[3]{x} dx = \int_1^8 x^{\frac{1}{3}} dx = \left[ \frac{1}{\frac{1}{3}+1}x^{\frac{1}{3}+1} \right]_1^8 = \left[ \frac{3}{4}x^{\frac{4}{3}} \right]_1^8 = \frac{3}{4}(16-1) = \frac{45}{4}.$$

$$(7) \int_1^4 \frac{dx}{x\sqrt{x}} = \int_1^4 x^{-\frac{3}{2}} dx = \left[ -2x^{-\frac{1}{2}} \right]_1^4 = \left[ -\frac{2}{\sqrt{x}} \right]_1^4 = -1 - (-2) = 1.$$

$$(8) \int_1^4 \left( \sqrt{x} - \frac{1}{\sqrt{x}} \right)^2 dx = \int_1^4 \left( x - 2 + \frac{1}{x} \right) dx = \left[ \frac{1}{2}x^2 - 2x + \log |x| \right]_1^4 \\ = (8 - 8 + \log 4) - \left( \frac{1}{2} - 2 + \log 1 \right) = \frac{3}{2} + 2 \log 2.$$

$$(9) \int_{-1}^2 e^x dx = \left[ e^x \right]_{-1}^2 = e^2 - e^{-1} = e^2 - \frac{1}{e}.$$

$$(10) \int_{\log 2}^{\log 3} e^x dx = \left[ e^x \right]_{\log 2}^{\log 3} = e^{\log 3} - e^{\log 2} = 3 - 2 = 1.$$

$$(11) \int_0^3 2^x dx = \left[ \frac{2^x}{\log 2} \right]_0^3 = \frac{2^3}{\log 2} - \frac{2^0}{\log 2} = \frac{8}{\log 2} - \frac{1}{\log 2} = \frac{7}{\log 2} .$$

$$(12) \int_0^{\log_3 2} 3^x dx = \left[ \frac{3^x}{\log 3} \right]_0^{\log_3 2} = \frac{3^{\log_3 2}}{\log 3} - \frac{3^0}{\log 3} = \frac{2}{\log 3} - \frac{1}{\log 3} = \frac{1}{\log 3} .$$

$$(13) \int_0^{\frac{\pi}{2}} \sin x dx = \left[ -\cos x \right]_0^{\frac{\pi}{2}} = -\cos \frac{\pi}{2} + \cos 0 = 1 .$$

$$(14) \int_0^{\frac{\pi}{3}} \frac{dx}{\cos^2 x} = \left[ \tan x \right]_0^{\frac{\pi}{3}} = \tan \frac{\pi}{3} - \tan 0 = \sqrt{3} .$$

$$(15) \int_0^{\frac{2\pi}{3}} (2 \sin x - \cos x) dx = \left[ -2 \cos x - \sin x \right]_0^{\frac{2\pi}{3}}$$

$$= \left( -2 \cos \frac{2\pi}{3} - \sin \frac{2\pi}{3} \right) - (-2 \cos 0 - \sin 0) = \left( 1 - \frac{\sqrt{3}}{2} \right) - (-2 - 0)$$

$$= 3 - \frac{\sqrt{3}}{2} .$$

$$(16) \int_0^{\frac{\pi}{4}} \tan^2 x dx = \int_0^{\frac{\pi}{4}} \left( \frac{1}{\cos^2 x} - 1 \right) dx = \left[ \tan x - x \right]_0^{\frac{\pi}{4}} = 1 - \frac{\pi}{4} .$$

$$(17) \int_1^{\sqrt{3}} \frac{dx}{x^2 + 1} = \left[ \tan^{-1} x \right]_1^{\sqrt{3}} = \tan^{-1} \sqrt{3} - \tan^{-1} 1 = \frac{\pi}{3} - \frac{\pi}{4} = \frac{\pi}{12} .$$

$$(18) \int_0^{\frac{1}{\sqrt{2}}} \frac{dx}{\sqrt{1-x^2}} = \left[ \sin^{-1} x \right]_0^{\frac{1}{\sqrt{2}}} = \sin^{-1} \frac{1}{\sqrt{2}} - \sin^{-1} 0 = \frac{\pi}{4} - 0 = \frac{\pi}{4} .$$

### 問題 6.3

$$(1) \int_0^1 (2x+1)^3 dx = \frac{1}{2} \int_0^1 (2x+1)^3 \cdot (2x+1)' dx = \frac{1}{2} \left[ \frac{1}{4} (2x+1)^4 \right]_0^1$$

$$= \frac{1}{2} \left( \frac{81}{4} - \frac{1}{4} \right) = 10 .$$

$$(2) \int_0^4 \frac{dx}{3x+4} = \frac{1}{3} \int_0^4 \frac{1}{3x+4} \cdot (3x+4)' dx = \frac{1}{3} \left[ \log |3x+4| \right]_0^4 = \frac{1}{3} (\log 16 - \log 4)$$

$$= \frac{2}{3} \log 2 .$$

$$(3) \int_0^1 e^{2x} dx = \frac{1}{2} \int_0^1 e^{2x} \cdot (2x)' dx = \frac{1}{2} [e^{2x}]_0^1 = \frac{1}{2}(e^2 - 1).$$

$$(4) \int_0^1 \sqrt{3x+1} dx = \int_0^1 (3x+1)^{\frac{1}{2}} dx = \frac{1}{3} \int_0^1 (3x+1)^{\frac{1}{2}} \cdot (3x+1)' dx$$

$$= \frac{1}{3} \left[ \frac{2}{3} (3x+1)^{\frac{3}{2}} \right]_0^1 = \frac{1}{3} \left( \frac{16}{3} - \frac{2}{3} \right) = \frac{14}{9}.$$

$$(5) \int_{-2}^0 \sqrt{1-4x} dx = \int_{-2}^0 (1-4x)^{\frac{1}{2}} dx = -\frac{1}{4} \int_{-2}^0 (1-4x)^{\frac{1}{2}} \cdot (1-4x)' dx$$

$$= -\frac{1}{4} \left[ \frac{2}{3} (1-4x)^{\frac{3}{2}} \right]_{-2}^0 = -\frac{1}{6} (1-27) = \frac{13}{3}.$$

$$(6) \int_2^5 \frac{dx}{\sqrt{6-x}} = \int_2^5 (6-x)^{-\frac{1}{2}} dx = -\int_2^5 (6-x)^{-\frac{1}{2}} \cdot (6-x)' dx$$

$$= -\left[ 2(6-x)^{\frac{1}{2}} \right]_2^5 = -(2-4) = 2.$$

$$(7) \int_0^{\frac{\pi}{3}} \sin 2x dx = \left[ -\frac{1}{2} \cos 2x \right]_0^{\frac{\pi}{3}} = -\frac{1}{2} \cos \frac{2\pi}{3} - \left( -\frac{1}{2} \cos 0 \right) = \frac{1}{4} + \frac{1}{2} = \frac{3}{4}.$$

$$(8) \int_0^1 \cos \frac{\pi x}{2} dx = \left[ \frac{2}{\pi} \sin \frac{\pi x}{2} \right]_0^1 = \frac{2}{\pi} \sin \frac{\pi}{2} - \frac{2}{\pi} \sin 0 = \frac{2}{\pi}.$$

$$(9) \int_0^{\frac{\pi}{6}} \sin x \cos x dx = \frac{1}{2} \int_0^{\frac{\pi}{6}} \sin 2x dx = \frac{1}{2} \left[ -\frac{1}{2} \cos 2x \right]_0^{\frac{\pi}{6}} = -\frac{1}{4} \left( \cos \frac{\pi}{3} - \cos 0 \right)$$

$$= -\frac{1}{4} \left( \frac{1}{2} - 1 \right) = \frac{1}{8}.$$

$$(10) \int_0^{\frac{\pi}{2}} \sin^2 x dx = \int_0^{\frac{\pi}{2}} \frac{1 - \cos 2x}{2} dx = \left[ \frac{1}{2} x - \frac{1}{4} \sin 2x \right]_0^{\frac{\pi}{2}}$$

$$= \left( \frac{\pi}{4} - 0 \right) - (0 - 0) = \frac{\pi}{4}.$$

$$(11) \int_0^{\frac{2\pi}{3}} \cos^2 x dx = \int_0^{\frac{2\pi}{3}} \frac{1 + \cos 2x}{2} dx = \frac{1}{2} \int_0^{\frac{2\pi}{3}} (1 + \cos 2x) dx$$

$$= \frac{1}{2} \left[ x + \frac{1}{2} \sin 2x \right]_0^{\frac{2\pi}{3}} = \frac{1}{2} \left( \frac{2\pi}{3} + \frac{1}{2} \sin \frac{4\pi}{3} \right) = \frac{\pi}{3} - \frac{\sqrt{3}}{8}.$$

$$\begin{aligned}
 (12) \int_0^{\frac{\pi}{3}} \sin^2 x \cos^2 x dx &= \int_0^{\frac{\pi}{3}} \left( \frac{1}{2} \sin 2x \right)^2 dx = \frac{1}{4} \int_0^{\frac{\pi}{3}} \sin^2 2x dx = \frac{1}{4} \int_0^{\frac{\pi}{3}} \frac{1 - \cos 4x}{2} dx \\
 &= \frac{1}{8} \int_0^{\frac{\pi}{3}} (1 - \cos 4x) dx = \frac{1}{8} \left[ x - \frac{1}{4} \sin 4x \right]_0^{\frac{\pi}{3}} = \frac{1}{8} \left( \frac{\pi}{3} - \frac{1}{4} \sin \frac{4\pi}{3} \right) = \frac{\pi}{24} + \frac{\sqrt{3}}{64}.
 \end{aligned}$$

(13) まず  $\cos^4 x$  の次数を下げる.

$$\begin{aligned}
 \cos^4 x &= (\cos^2 x)^2 = \left( \frac{1 + \cos 2x}{2} \right)^2 = \frac{1}{4} (1 + 2 \cos 2x + \cos^2 2x) \\
 &= \frac{1}{4} \left( 1 + 2 \cos 2x + \frac{1 + \cos 4x}{2} \right) = \frac{1}{8} (3 + 4 \cos 2x + \cos 4x)
 \end{aligned}$$

であることより,

$$\begin{aligned}
 \int_0^{\frac{\pi}{2}} \cos^4 x dx &= \frac{1}{8} \int_0^{\frac{\pi}{2}} (3 + 4 \cos 2x + \cos 4x) dx \\
 &= \frac{1}{8} \left[ 3x + 2 \sin 2x + \frac{1}{4} \sin 4x \right]_0^{\frac{\pi}{2}} = \frac{1}{8} \cdot \frac{3\pi}{2} = \frac{3\pi}{16}.
 \end{aligned}$$

$$\begin{aligned}
 (14) \int_0^{\log 2} (e^x + e^{-x})^2 dx &= \int_0^{\log 2} (e^{2x} + 2 + e^{-2x}) dx = \left[ \frac{1}{2} e^{2x} + 2x - \frac{1}{2} e^{-2x} \right]_0^{\log 2} \\
 &= \left( 2 + 2 \log 2 - \frac{1}{4} \right) - \left( \frac{1}{2} + 0 - \frac{1}{2} \right) = \frac{7}{4} + 2 \log 2.
 \end{aligned}$$

$$(15) \frac{1}{x^2 - 2x - 3} = \frac{1}{(x+1)(x-3)} = \frac{a}{x+1} + \frac{b}{x-3} \quad \text{とおけば,}$$

$$\frac{a}{x+1} + \frac{b}{x-3} = \frac{(a+b)x + (-3a+b)}{(x+1)(x-3)}$$

であるから,

$$a + b = 0, \quad -3a + b = 1 \quad \therefore \quad a = -\frac{1}{4}, \quad b = \frac{1}{4}.$$

従って,

$$\begin{aligned}
 \int_1^2 \frac{dx}{x^2 - 2x - 3} &= \frac{1}{4} \int_1^2 \left( -\frac{1}{x+1} + \frac{1}{x-3} \right) dx \\
 &= \frac{1}{4} \left[ -\log |x+1| + \log |x-3| \right]_1^2 = \frac{1}{4} \left[ \log \left| \frac{x-3}{x+1} \right| \right]_1^2 \\
 &= \frac{1}{4} \left( \log \frac{1}{3} - \log 1 \right) = -\frac{1}{4} \log 3.
 \end{aligned}$$

問題 6.4

$$(1) \int_0^1 e^x (e^x - 1)^5 dx = \int_0^1 (e^x - 1)^5 \cdot (e^x - 1)' dx = \left[ \frac{1}{6} (e^x - 1)^6 \right]_0^1 = \frac{1}{6} (e - 1)^6 .$$

$$(2) \int_{\frac{\pi}{4}}^{\frac{\pi}{3}} \sin^3 x \cos x dx = \int_{\frac{\pi}{4}}^{\frac{\pi}{3}} \sin^3 x \cdot (\sin x)' dx = \left[ \frac{1}{4} \sin^4 x \right]_{\frac{\pi}{4}}^{\frac{\pi}{3}}$$

$$= \frac{1}{4} \left( \frac{\sqrt{3}}{2} \right)^4 - \frac{1}{4} \left( \frac{1}{\sqrt{2}} \right)^4 = \frac{9}{64} - \frac{1}{16} = \frac{5}{64} .$$

$$(3) \int_0^{\frac{\pi}{4}} \sin^3 x dx = \int_0^{\frac{\pi}{4}} (1 - \cos^2 x) \sin x dx = - \int_0^{\frac{\pi}{4}} (1 - \cos^2 x) \cdot (\cos x)' dx$$

$$= - \left[ \cos x - \frac{1}{3} \cos^3 x \right]_0^{\frac{\pi}{4}} = - \left\{ \left( \cos \frac{\pi}{4} - \frac{1}{3} \cos^3 \frac{\pi}{4} \right) - \left( \cos 0 - \frac{1}{3} \cos^3 0 \right) \right\}$$

$$= - \left( \frac{1}{\sqrt{2}} - \frac{1}{6\sqrt{2}} \right) + \left( 1 - \frac{1}{3} \right) = -\frac{5}{6\sqrt{2}} + \frac{2}{3} = \frac{8 - 5\sqrt{2}}{12} .$$

$$(4) \int_0^{\frac{\pi}{2}} \sin^3 x \cos^3 x dx = \int_0^{\frac{\pi}{2}} \sin^3 x \cdot \cos^2 x \cdot \cos x dx = \int_0^{\frac{\pi}{2}} \sin^3 x (1 - \sin^2 x) \cdot (\sin x)' dx$$

$$= \int_0^{\frac{\pi}{2}} (\sin^3 x - \sin^5 x) \cdot (\sin x)' dx = \left[ \frac{1}{4} \sin^4 x - \frac{1}{6} \sin^6 x \right]_0^{\frac{\pi}{2}} = \frac{1}{4} - \frac{1}{6} = \frac{1}{12} .$$

$$(5) \int_{-1}^{\sqrt{3}} \frac{x}{1+x^2} dx = \frac{1}{2} \int_{-1}^{\sqrt{3}} \frac{(1+x^2)'}{1+x^2} dx = \frac{1}{2} \left[ \log(1+x^2) \right]_{-1}^{\sqrt{3}}$$

$$= \frac{1}{2} (\log 4 - \log 2) = \frac{1}{2} \log 2 .$$

$$(6) \int_1^2 \frac{2x-1}{x^2-x+1} dx = \int_1^2 \frac{(x^2-x+1)'}{x^2-x+1} dx = \left[ \log(x^2-x+1) \right]_1^2 = \log 3 - \log 1 = \log 3 .$$

$$(7) \int_0^{\frac{1}{2}} \frac{x}{\sqrt{1-x^2}} dx = \int_0^{\frac{1}{2}} x(1-x^2)^{-\frac{1}{2}} dx = -\frac{1}{2} \int_0^{\frac{1}{2}} (1-x^2)^{-\frac{1}{2}} (1-x^2)' dx$$

$$= -\frac{1}{2} \left[ 2(1-x^2)^{\frac{1}{2}} \right]_0^{\frac{1}{2}} = -\frac{1}{2} \left[ 2\sqrt{1-x^2} \right]_0^{\frac{1}{2}} = -\frac{1}{2} (\sqrt{3} - 2) = \frac{2 - \sqrt{3}}{2} .$$

$$(8) \int_0^1 \frac{x}{x^4+1} dx = \frac{1}{2} \int_0^1 \frac{2x}{(x^2)^2+1} dx = \frac{1}{2} \int_0^1 \frac{1}{(x^2)^2+1} \cdot (x^2)' dx = \frac{1}{2} \left[ \tan^{-1} x^2 \right]_0^1$$

$$= \frac{1}{2} \left( \frac{\pi}{4} - 0 \right) = \frac{\pi}{8} .$$

問題 6.5

$$(1) \int_1^3 \frac{dx}{x^2+3} = \left[ \frac{1}{\sqrt{3}} \tan^{-1} \frac{x}{\sqrt{3}} \right]_1^3 = \frac{1}{\sqrt{3}} \left( \tan^{-1} \sqrt{3} - \tan^{-1} \frac{1}{\sqrt{3}} \right) \\ = \frac{1}{\sqrt{3}} \left( \frac{\pi}{3} - \frac{\pi}{6} \right) = \frac{\pi}{6\sqrt{3}} = \frac{\sqrt{3}\pi}{18}.$$

$$(2) \int_0^{2\sqrt{3}} \frac{dx}{x^2+4} = \left[ \frac{1}{2} \tan^{-1} \frac{x}{2} \right]_0^{2\sqrt{3}} = \frac{1}{2} \tan^{-1} \sqrt{3} - \frac{1}{2} \tan^{-1} 0 = \frac{\pi}{6}.$$

$$(3) \int_0^1 \frac{dx}{\sqrt{2-x^2}} = \left[ \sin^{-1} \frac{x}{\sqrt{2}} \right]_0^1 = \sin^{-1} \frac{1}{\sqrt{2}} - \sin^{-1} 0 = \frac{\pi}{4}.$$

$$(4) \int_0^{\sqrt{3}} \frac{dx}{\sqrt{6-x^2}} = \left[ \sin^{-1} \frac{x}{\sqrt{6}} \right]_0^{\sqrt{3}} = \sin^{-1} \frac{1}{\sqrt{2}} - \sin^{-1} 0 = \frac{\pi}{4}.$$

$$(5) \int_0^2 \frac{dx}{x^2-2x+4} = \int_0^2 \frac{dx}{(x-1)^2+3} = \left[ \frac{1}{\sqrt{3}} \tan^{-1} \frac{x-1}{\sqrt{3}} \right]_0^2 \\ = \frac{1}{\sqrt{3}} \left\{ \tan^{-1} \frac{1}{\sqrt{3}} - \tan^{-1} \left( -\frac{1}{\sqrt{3}} \right) \right\} = \frac{1}{\sqrt{3}} \left( \frac{\pi}{6} + \frac{\pi}{6} \right) = \frac{\pi}{3\sqrt{3}} = \frac{\sqrt{3}\pi}{9}.$$

$$(6) \int_0^1 \frac{dx}{x^2+x+1} = \int_0^1 \frac{dx}{\left(x+\frac{1}{2}\right)^2+\frac{3}{4}} = \left[ \frac{2}{\sqrt{3}} \tan^{-1} \frac{2x+1}{\sqrt{3}} \right]_0^1 \\ = \frac{2}{\sqrt{3}} \tan^{-1} \sqrt{3} - \frac{2}{\sqrt{3}} \tan^{-1} \frac{1}{\sqrt{3}} = \frac{2}{\sqrt{3}} \left( \frac{\pi}{3} - \frac{\pi}{6} \right) = \frac{\pi}{3\sqrt{3}}.$$

$$(7) \int_{-2}^{\sqrt{3}-1} \frac{dx}{\sqrt{3-2x-x^2}} = \int_{-2}^{\sqrt{3}-1} \frac{dx}{\sqrt{4-(x+1)^2}} = \left[ \sin^{-1} \frac{x+1}{2} \right]_{-2}^{\sqrt{3}-1} \\ = \sin^{-1} \frac{\sqrt{3}}{2} - \sin^{-1} \left( -\frac{1}{2} \right) = \frac{\pi}{3} - \left( -\frac{\pi}{6} \right) = \frac{\pi}{2}.$$

$$(8) \int_0^{1+\sqrt{2}} \frac{dx}{\sqrt{3+2x-x^2}} = \int_0^{1+\sqrt{2}} \frac{dx}{\sqrt{4-(x-1)^2}} = \left[ \sin^{-1} \frac{x-1}{2} \right]_0^{1+\sqrt{2}} \\ = \sin^{-1} \frac{\sqrt{2}}{2} - \sin^{-1} \left( -\frac{1}{2} \right) = \frac{\pi}{4} - \left( -\frac{\pi}{6} \right) = \frac{5\pi}{12}.$$