

問題 7.1

(1) $x = 2\sqrt{2} \sin \theta$ とおくと, $\theta : 0 \rightarrow \frac{\pi}{4}$ のとき $x : 0 \rightarrow 2$ であり,

$$\frac{dx}{d\theta} = 2\sqrt{2} \cos \theta \quad \therefore \quad dx = 2\sqrt{2} \cos \theta d\theta .$$

従って,

$$\begin{aligned} \int_0^2 \sqrt{8-x^2} dx &= \int_0^{\frac{\pi}{4}} \sqrt{8-8\sin^2\theta} \cdot 2\sqrt{2} \cos \theta d\theta = \int_0^{\frac{\pi}{4}} 8 \cos^2 \theta d\theta \\ &= 4 \int_0^{\frac{\pi}{4}} (1 + \cos 2\theta) d\theta = 4 \left[\theta + \frac{1}{2} \sin 2\theta \right]_0^{\frac{\pi}{4}} \\ &= 4 \left(\frac{\pi}{4} + \frac{1}{2} \right) = \pi + 2 . \end{aligned}$$

(2) $x = 2 \sin \theta$ とおくと, $\theta : 0 \rightarrow \frac{\pi}{6}$ のとき $x : 0 \rightarrow 1$ であり,

$$\frac{dx}{d\theta} = 2 \cos \theta \quad \therefore \quad dx = 2 \cos \theta d\theta .$$

従って,

$$\begin{aligned} \int_0^1 \frac{x^2}{\sqrt{4-x^2}} dx &= \int_0^{\frac{\pi}{6}} \frac{4 \sin^2 \theta}{\sqrt{4-4 \sin^2 \theta}} \cdot 2 \cos \theta d\theta = \int_0^{\frac{\pi}{6}} \frac{4 \sin^2 \theta}{2 \cos \theta} \cdot 2 \cos \theta d\theta \\ &= \int_0^{\frac{\pi}{6}} 4 \sin^2 \theta d\theta = 2 \int_0^{\frac{\pi}{6}} (1 - \cos 2\theta) d\theta \\ &= 2 \left[\theta - \frac{1}{2} \sin 2\theta \right]_0^{\frac{\pi}{6}} = 2 \left(\frac{\pi}{6} - \frac{\sqrt{3}}{4} \right) = \frac{\pi}{3} - \frac{\sqrt{3}}{2} . \end{aligned}$$

(3) $x = \sin \theta$ とおくと, $\theta : 0 \rightarrow \frac{\pi}{2}$ のとき $x : 0 \rightarrow 1$ であり,

$$\frac{dx}{d\theta} = \cos \theta \quad \therefore \quad dx = \cos \theta d\theta .$$

従って,

$$\begin{aligned} \int_0^1 x^2 \sqrt{1-x^2} dx &= \int_0^{\frac{\pi}{2}} \sin^2 \theta \sqrt{1-\sin^2 \theta} \cdot \cos \theta d\theta = \int_0^{\frac{\pi}{2}} \sin^2 \theta \cos^2 \theta d\theta \\ &= \frac{1}{4} \int_0^{\frac{\pi}{2}} \sin^2 2\theta d\theta = \frac{1}{4} \int_0^{\frac{\pi}{2}} \frac{1 - \cos 4\theta}{2} d\theta \\ &= \frac{1}{4} \left[\frac{1}{2} \theta - \frac{1}{8} \sin 4\theta \right]_0^{\frac{\pi}{2}} = \frac{\pi}{16} . \end{aligned}$$

(4) $x = \tan \theta$ とおけば, $\theta : -\frac{\pi}{4} \rightarrow \frac{\pi}{4}$ のとき $x : -1 \rightarrow 1$ であり,

$$\frac{dx}{d\theta} = \frac{1}{\cos^2 \theta} \quad \therefore \quad dx = \frac{1}{\cos^2 \theta} d\theta.$$

そして

$$\begin{aligned} \int_{-1}^1 \frac{dx}{(1+x^2)^2} &= \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{1}{(1+\tan^2 \theta)^2} \cdot \frac{1}{\cos^2 \theta} d\theta = \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{\cos^4 \theta}{\cos^2 \theta} d\theta = \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \cos^2 \theta d\theta \\ &= \int_{-\frac{\pi}{4}}^{\frac{\pi}{4}} \frac{1+\cos 2\theta}{2} d\theta = \left[\frac{1}{2}\theta + \frac{1}{4}\sin 2\theta \right]_{-\frac{\pi}{4}}^{\frac{\pi}{4}} = \frac{\pi+2}{4}. \end{aligned}$$

(5) $t = \cos x$ とおけば, $x : 0 \rightarrow \frac{\pi}{2}$ のとき $t : 1 \rightarrow 0$ であり,

$$\frac{dt}{dx} = -\sin x \quad \therefore \quad dx = -\frac{1}{\sin x} dt.$$

従って,

$$\begin{aligned} \int_0^{\frac{\pi}{2}} \frac{\sin^3 x}{1+\cos x} dx &= \int_1^0 \frac{\sin^3 x}{1+\cos x} \cdot \left(-\frac{1}{\sin x} \right) dt = \int_0^1 \frac{\sin^2 x}{1+\cos x} dt \\ &= \int_0^1 \frac{1-t^2}{1+t} dt = \int_0^1 (1-t) dt = \left[t - \frac{t^2}{2} \right]_0^1 \\ &= 1 - \frac{1}{2} = \frac{1}{2}. \end{aligned}$$

(6) $t = e^x$ とおけば, $x : 0 \rightarrow \log 3$ のとき $t : 1 \rightarrow 3$ であり,

$$\frac{dt}{dx} = e^x \quad \therefore \quad dx = \frac{1}{e^x} dt.$$

従って,

$$\begin{aligned} \int_0^{\log 3} \frac{e^x}{e^x + e^{-x}} dx &= \int_1^3 \frac{e^x}{e^x + e^{-x}} \cdot \frac{1}{e^x} dt = \int_1^3 \frac{e^x}{e^{2x} + 1} dt \\ &= \int_1^3 \frac{t}{t^2 + 1} dt = \left[\frac{1}{2} \log(t^2 + 1) \right]_1^3 \\ &= \frac{1}{2}(\log 10 - \log 2) = \frac{1}{2} \log 5. \end{aligned}$$

(7) $t = e^x$ とおけば, $x : 0 \rightarrow \log 2$ のとき $t : 1 \rightarrow 2$ であり,

$$\frac{dt}{dx} = e^x \quad \therefore \quad dx = \frac{1}{e^x} dt.$$

従って,

$$\begin{aligned}
\int_0^{\log 2} \frac{dx}{e^x - 3 - 4e^{-x}} &= \int_1^2 \frac{1}{e^x - 3 - 4e^{-x}} \cdot \frac{1}{e^x} dt = \int_1^2 \frac{1}{e^{2x} - 3e^x - 4} dt \\
&= \int_1^2 \frac{1}{t^2 - 3t - 4} dt = \int_1^2 \frac{1}{(t+1)(t-4)} dt \\
&= \frac{1}{5} \int_1^2 \left(\frac{1}{t-4} - \frac{1}{t+1} \right) dt \\
&= \frac{1}{5} \left[\log |t-4| - \log |t+1| \right]_1^2 = \frac{1}{5} \left[\log \left| \frac{t-4}{t+1} \right| \right]_1^2 \\
&= \frac{1}{5} \left(\log \frac{2}{3} - \log \frac{3}{2} \right) = \frac{2}{5} \log \frac{2}{3}.
\end{aligned}$$

(8) $t = \sqrt{x+1}$ とおけば, $x : 0 \rightarrow 2$ のとき $t : 1 \rightarrow \sqrt{3}$ であり,

$$\frac{dt}{dx} = \frac{1}{2\sqrt{x+1}} \quad \therefore dx = 2\sqrt{x+1} dt = 2t dt.$$

また, $x = t^2 - 1$ だから,

$$\begin{aligned}
\int_0^2 \frac{2x+1}{\sqrt{x+1}} dx &= \int_1^{\sqrt{3}} \frac{2(t^2-1)+1}{t} 2t dt = \int_1^{\sqrt{3}} (4t^2-2) dt = \left[\frac{4}{3}t^3 - 2t \right]_1^{\sqrt{3}} \\
&= \left(\frac{4}{3} \cdot 3\sqrt{3} - 2\sqrt{3} \right) - \left(\frac{4}{3} - 2 \right) = 2\sqrt{3} + \frac{2}{3}.
\end{aligned}$$

(9) $t = \sin x$ と置換したくなるが, それだとうまく行かない.

$t = \cos x$ とおくと $x : \frac{\pi}{6} \rightarrow \frac{\pi}{3}$ のとき $t : \frac{\sqrt{3}}{2} \rightarrow \frac{1}{2}$ であり, $dx = -\frac{1}{\sin x} dt$ だから

$$\begin{aligned}
\int_{\frac{\pi}{6}}^{\frac{\pi}{3}} \frac{dx}{\sin x} &= \int_{\frac{\sqrt{3}}{2}}^{\frac{1}{2}} \frac{1}{\sin x} \left(-\frac{1}{\sin x} \right) dt = \int_{\frac{1}{2}}^{\frac{\sqrt{3}}{2}} \frac{1}{\sin^2 x} dt = \int_{\frac{1}{2}}^{\frac{\sqrt{3}}{2}} \frac{1}{1-t^2} dt \\
&= \frac{1}{2} \int_{\frac{1}{2}}^{\frac{\sqrt{3}}{2}} \left(\frac{1}{1+t} + \frac{1}{1-t} \right) dx = \frac{1}{2} \left[\log |1+t| - \log |1-t| \right]_{\frac{1}{2}}^{\frac{\sqrt{3}}{2}} \\
&= \left[\frac{1}{2} \log \left| \frac{1+t}{1-t} \right| \right]_{\frac{1}{2}}^{\frac{\sqrt{3}}{2}} = \frac{1}{2} \log \frac{1+\frac{\sqrt{3}}{2}}{1-\frac{\sqrt{3}}{2}} - \frac{1}{2} \log \frac{1+\frac{1}{2}}{1-\frac{1}{2}} \\
&= \frac{1}{2} \log \frac{2+\sqrt{3}}{2-\sqrt{3}} - \frac{1}{2} \log 3 = \log(2+\sqrt{3}) - \log \sqrt{3} \\
&= \log \frac{2+\sqrt{3}}{\sqrt{3}} = \log \frac{3+2\sqrt{3}}{3}.
\end{aligned}$$

$$(10) \quad I = \int_0^{\frac{\pi}{2}} \frac{\cos x}{\sin x + \cos x} dx \quad \text{とする.}$$

ここで $t = \frac{\pi}{2} - x$ とおけば, $x : 0 \rightarrow \frac{\pi}{2}$ のとき $t : \frac{\pi}{2} \rightarrow 0$ であり, $dx = -dt$. 従って,

$$\begin{aligned} I &= \int_0^{\frac{\pi}{2}} \frac{\cos x}{\sin x + \cos x} dx = \int_{\frac{\pi}{2}}^0 \frac{\sin t}{\cos t + \sin t} \cdot (-1) dt \\ &= \int_0^{\frac{\pi}{2}} \frac{\sin t}{\cos t + \sin t} dt = \int_0^{\frac{\pi}{2}} \frac{\sin x}{\sin x + \cos x} dx. \end{aligned}$$

よって

$$\begin{aligned} 2I &= I + I = \int_0^{\frac{\pi}{2}} \frac{\cos x}{\sin x + \cos x} dx + \int_0^{\frac{\pi}{2}} \frac{\sin x}{\sin x + \cos x} dx \\ &= \int_0^{\frac{\pi}{2}} \frac{\cos x + \sin x}{\sin x + \cos x} dx = \int_0^{\frac{\pi}{2}} dx = \left[x \right]_0^{\frac{\pi}{2}} = \frac{\pi}{2} \end{aligned}$$

を得るので $I = \frac{\pi}{4}$.

問題 7.2

(1) $t = \cos x$ とおけば $\frac{dt}{dx} = -\sin x$ だから $dx = -\frac{dt}{\sin x}$ である. よって

$$\begin{aligned} \int \frac{\sin x}{\sqrt{3 - \cos^2 x}} dx &= \int \frac{\sin x}{\sqrt{3 - \cos^2 x}} \cdot (-1) \cdot \frac{dt}{\sin x} = - \int \frac{dt}{\sqrt{3 - t^2}} \\ &= -\sin^{-1} \frac{t}{\sqrt{3}} = -\sin^{-1} \frac{\cos x}{\sqrt{3}}. \end{aligned}$$

(2) $t = \sqrt{e^x - 1}$ とおけば

$$\frac{dt}{dx} = \frac{1}{2}(e^x - 1)^{-\frac{1}{2}} \cdot e^x = \frac{e^x}{2\sqrt{e^x - 1}} \quad \therefore \quad dx = \frac{2\sqrt{e^x - 1}}{e^x} dt.$$

よって

$$\begin{aligned} \int \frac{e^x \sqrt{e^x - 1}}{e^x + 3} dx &= \int \frac{e^x \sqrt{e^x - 1}}{e^x + 3} \cdot \frac{2\sqrt{e^x - 1}}{e^x} dt = \int \frac{2(e^x - 1)}{e^x + 3} dt \\ &= \int \frac{2t^2}{t^2 + 4} dt = \int \left(2 - \frac{8}{t^2 + 4} \right) dx = 2t - 8 \cdot \frac{1}{2} \tan^{-1} \frac{t}{2} \\ &= 2\sqrt{e^x - 1} - 4 \tan^{-1} \frac{\sqrt{e^x - 1}}{2}. \end{aligned}$$

問題 7.3

(1) $t = \pi - x$ とおけば $dx = -dt$ であり, $x : 0 \rightarrow \pi$ のとき $t : \pi \rightarrow 0$ だから

$$\begin{aligned} I &= \int_{\pi}^0 \frac{(\pi - t) \sin t}{9 - \cos^2 t} \cdot (-1) dt = \pi \int_0^{\pi} \frac{\sin t}{9 - \cos^2 t} dt - \int_0^{\pi} \frac{t \sin t}{9 - \cos^2 t} dt \\ &= \pi \int_0^{\pi} \frac{\sin t}{9 - \cos^2 t} dt - I. \end{aligned}$$

これより

$$I = \frac{\pi}{2} \int_0^{\pi} \frac{\sin t}{9 - \cos^2 t} dt = \frac{\pi}{2} \int_0^{\pi} \frac{\sin x}{9 - \cos^2 x} dx$$

を得る.

(2) $t = \cos x$ とおけば $dx = -\frac{1}{\sin x} dt$ であり, $x : 0 \rightarrow \pi$ のとき $t : 1 \rightarrow -1$ なので

$$\begin{aligned} I &= \frac{\pi}{2} \int_1^{-1} \frac{\sin x}{9 - \cos^2 x} \cdot \left(-\frac{1}{\sin x}\right) dt = \frac{\pi}{2} \int_{-1}^1 \frac{1}{9 - \cos^2 x} dt \\ &= \frac{\pi}{2} \int_{-1}^1 \frac{1}{9 - t^2} dt = \frac{\pi}{2} \left[\frac{1}{6} \log \left| \frac{3+t}{3-t} \right| \right]_{-1}^1 = \frac{\pi}{6} \log 2. \end{aligned}$$

問題 7.4

$$\begin{aligned} (1) \int_0^{\frac{1}{\sqrt{2}}} \cos^{-1} x dx &= \left[x \cos^{-1} x \right]_0^{\frac{1}{\sqrt{2}}} - \int_0^{\frac{1}{\sqrt{2}}} x \cdot \left(-\frac{1}{\sqrt{1-x^2}}\right) dx \\ &= \frac{1}{\sqrt{2}} \cos^{-1} \frac{1}{\sqrt{2}} - \left[\sqrt{1-x^2} \right]_0^{\frac{1}{\sqrt{2}}} = \frac{\pi}{4\sqrt{2}} - \left(\frac{1}{\sqrt{2}} - 1 \right) = \frac{8 - 4\sqrt{2} + \sqrt{2}\pi}{8}. \end{aligned}$$

$$\begin{aligned} (2) \int_0^{\sqrt{3}} \tan^{-1} x dx &= \left[x \tan^{-1} x \right]_0^{\sqrt{3}} - \int_0^{\sqrt{3}} x \cdot \frac{1}{x^2+1} dx \\ &= \sqrt{3} \tan^{-1} \sqrt{3} - \frac{1}{2} \int_0^{\sqrt{3}} \frac{(x^2+1)'}{x^2+1} dx = \frac{\sqrt{3}\pi}{3} - \frac{1}{2} \left[\log(x^2+1) \right]_0^{\sqrt{3}} \\ &= \frac{\sqrt{3}\pi}{3} - \frac{1}{2} \log 4 = \frac{\sqrt{3}\pi}{3} - \log 2. \end{aligned}$$

$$\begin{aligned} (3) \int_0^1 \log(x^2+1) dx &= \left[x \log(x^2+1) \right]_0^1 - \int_0^1 x \cdot \frac{2x}{x^2+1} dx \\ &= \log 2 - \int_0^1 \left(2 - \frac{2}{x^2+1} \right) dx = \log 2 - \left[2x - 2 \tan^{-1} x \right]_0^1 \\ &= \log 2 - 2 + 2 \tan^{-1} 1 = \log 2 - 2 + \frac{\pi}{2}. \end{aligned}$$

問題 7.5

$$\begin{aligned}
 (1) \quad \int x^2 \sin x \, dx &= x^2 \cdot (-\cos x) - \int 2x \cdot (-\cos x) \, dx = -x^2 \cos x + 2 \int x \cos x \, dx \\
 &= -x^2 \cos x + 2 \left(x \sin x - \int \sin x \, dx \right) = (2 - x^2) \cos x + 2x \sin x .
 \end{aligned}$$

$$\begin{aligned}
 (2) \quad \int x(\log x)^2 \, dx &= \frac{1}{2}x^2(\log x)^2 - \int \frac{1}{2}x^2 \cdot \log x \frac{1}{x} \, dx \\
 &= \frac{1}{2}x^2(\log x)^2 - \int x \log x \, dx = \frac{1}{2}x^2(\log x)^2 - \left(\frac{1}{2}x^2 \log x - \int \frac{1}{2}x^2 \cdot \frac{1}{x} \, dx \right) \\
 &= \frac{1}{2}x^2(\log x)^2 - \frac{1}{2}x^2 \log x + \frac{1}{4}x^2 = \frac{1}{2}x^2 \left\{ (\log x)^2 - \log x + \frac{1}{2} \right\} .
 \end{aligned}$$

(3) これは少し工夫が必要.

$$\begin{aligned}
 \int e^x \sin x \, dx &= e^x \sin x - \int e^x \cos x \, dx = e^x \sin x - \left(e^x \cos x - \int e^x \cdot (-\sin x) \, dx \right) \\
 &= e^x \sin x - e^x \cos x - \int e^x \sin x \, dx
 \end{aligned}$$

であることより

$$\int e^x \sin x \, dx = \frac{1}{2}e^x(\sin x - \cos x) .$$

$$\begin{aligned}
 (4) \quad \int \sqrt{x^2 + A} \, dx &= x\sqrt{x^2 + A} - \int x \cdot \frac{1}{2}(x^2 + A)^{-\frac{1}{2}} \cdot 2x \, dx \\
 &= x\sqrt{x^2 + A} - \int \frac{x^2}{\sqrt{x^2 + A}} \, dx \\
 &= x\sqrt{x^2 + A} - \int \frac{(x^2 + A) - A}{\sqrt{x^2 + A}} \, dx \\
 &= x\sqrt{x^2 + A} + A \int \frac{dx}{\sqrt{x^2 + A}} - \int \sqrt{x^2 + A} \, dx \\
 &= x\sqrt{x^2 + A} + A \log \left| x + \sqrt{x^2 + A} \right| - \int \sqrt{x^2 + A} \, dx
 \end{aligned}$$

であることより

$$\int \sqrt{x^2 + A} \, dx = \frac{1}{2} \left(x\sqrt{x^2 + A} + A \log \left| x + \sqrt{x^2 + A} \right| \right) .$$

問題 7.6

(1) $t = \sqrt{x}$ とおけば $\frac{dt}{dx} = \frac{1}{2}x^{-\frac{1}{2}} = \frac{1}{2\sqrt{x}}$ だから $dx = 2\sqrt{x} dt = 2t dt$.

そして $x : 0 \rightarrow 1$ のとき $t : 0 \rightarrow 1$ であるから

$$\begin{aligned}\int_0^1 e^{\sqrt{x}} dx &= \int_0^1 e^t \cdot 2t dt = 2 \int_0^1 te^t dt = 2 \left[te^t \right]_0^1 - 2 \int_0^1 e^t dt = 2e - 2 \left[e^t \right]_0^1 \\ &= 2e - 2(e - 1) = 2.\end{aligned}$$

(2) これもやはり $t = \sqrt{x}$ とおけば $\frac{dt}{dx} = \frac{1}{2}x^{-\frac{1}{2}} = \frac{1}{2\sqrt{x}}$ であり, $dx = 2\sqrt{x} dt = 2t dt$.

そして $x : 0 \rightarrow 1$ のとき $t : 0 \rightarrow 1$ であるから

$$\begin{aligned}\int_0^1 \log(1 + \sqrt{x}) dx &= \int_0^1 \log(1 + t) 2t dt = \left[t^2 \log(1 + t) \right]_0^1 - \int_0^1 \frac{t^2}{1 + t} dt \\ &= \log 2 - \int_0^1 \frac{(t + 1)(t - 1) + 1}{1 + t} dt \\ &= \log 2 - \int_0^1 \left(t - 1 + \frac{1}{1 + t} \right) dt \\ &= \log 2 - \left[\frac{1}{2}t^2 - t + \log |1 + t| \right]_0^1 \\ &= \log 2 - \left(\frac{1}{2} - 1 + \log 2 \right) = \frac{1}{2}.\end{aligned}$$